

## MORE INFORMATION & SUPPORT

For children concerned about money or food, they can contact Childline anytime on 0800 1111, or visit their website.

Search for: [Childline](#)

The Trussell Trust has information about using a food bank, as well as a helpline for additional information.

Search for: [The Trussell Trust](#)

YoungMinds have information on their website about money and mental health for families.

Search for: [YoungMinds](#)

For advice on independent food banks for those in need, the Independent Food Aid Network has lots of useful information on their website.

Search for: [IFAN](#)

To find out more about Community Fridges and to see if there's one located nearby, visit Hubbub's website to use the fridge map.

Search for: [Hubbub Fridge](#)

FareShare's website gives advice on getting food, useful recipe ideas and additional organisations that offer food support.

Search for: [FareShare](#)

*Please Note: If you have any concerns, please speak to your school's Designated Safeguarding Lead.*